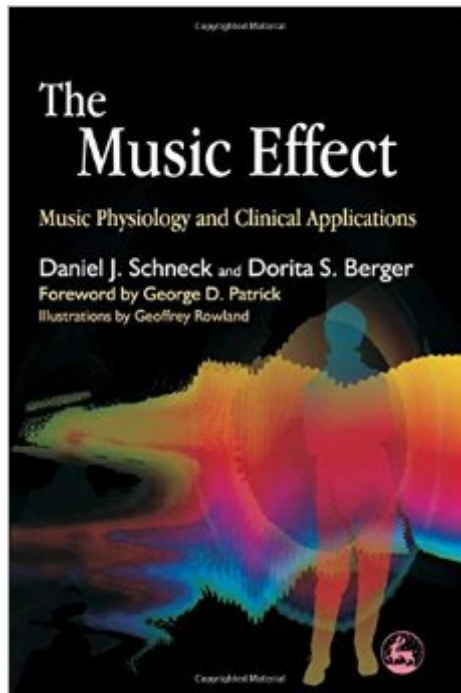


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# The Music Effect: Music Physiology And Clinical Applications



## Synopsis

Music is well known to have a significant effect on physiology and is widely used as an effective therapeutic tool in stress and pain management, rehabilitation, and behavior modification, but its effects are not well understood. This book explains what "music" is, how it is processed by and affects the body, and how it can be applied in a range of physiological and psychological conditions. Rhythm, melody, timbre, harmony, dynamics, and form, and their effects on the body are explored in detail, helping practitioners create effective therapy interventions that complement other treatment systems. Case studies and evidence from research and practice show how music therapy can benefit people with autistic spectrum disorders, Down syndrome, schizophrenia, and sensory difficulties, among other conditions. "The Music Effect" is an essential resource for music therapists, clinicians, educators and anyone with an interest in holistic therapy.

## Book Information

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## Customer Reviews

This book is really worth the read whether you are a clinician, SPED teacher, therapist or parent. Schneck and Berger not only explain the effect that music has on the body but skillfully discuss the way the sensory system is effected. As a music therapist who works daily with children on the autism spectrum (ALL with challenging sensory integration issues) I recommend putting this one on your "must read" list!

you you want to go over all the parts of the ear, what a wave is, what wavelength is, and what

frequency is.... basically if you want a lame refresher course of your high school physics and biology classes go for it. Literally, half the book was defining a term they would use a couple times. Several pages on just what the ear is, every damn part of it... over intellectualized for sure... As for learning anything about how music effects a persons mind of feelings or whatever... good luck, you may find 2 or 3 factually backed up statements about the subject... and even less hypotheticals... If you are wanting a book that describes what sounds make you feel x, and why... this one aint gunna do it.

This book is an excellent source for learning about music, and physiological response to music. It is a great read for any music therapist.

Fascinating and informative book. Required reading for music course, but interesting read for anyone with an interest in music or neuroscience

This book provided a lot of valuable information for my dissertation on effects of music on the human body. A very interesting read.

Interesting

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